

# Symptomatic testing recommendations—DESE/DPH 8-13-21

## COVID-19 symptoms list:

- **Fever (100.0° Fahrenheit or higher), chills, or shaking chills**
- **Difficulty breathing or shortness of breath**
- **New loss of taste or smell**
- **Muscle aches or body aches**
- Cough (not due to other known cause, such as chronic cough)
- Sore throat, *when in combination with other symptoms*
- Nausea, vomiting, or diarrhea *when in combination with other symptoms*
- Headache *when in combination with other symptoms*
- Fatigue, *when in combination with other symptoms*
- Nasal congestion or runny nose (not due to other known causes, such as allergies) *when in combination with other symptoms*

--Unvaccinated individuals and any close contacts presenting these symptoms should follow testing and quarantine response protocols

--Vaccinated individuals who are not close contacts should follow the testing and quarantine response protocols if they are experiencing **symptoms in bold**. These individuals may also seek clinical guidance to assess the need for PCR testing if they have other symptoms on this list.

## PSB questions: Symptomatic testing recommendations—DESE/DPH 8-13-21

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1. What if vaccinated person has Sx that aren't in bold? Should they be allowed in school without COVID testing? (breakthrough infection with delta variant → minimal Sx)

2. What about isolated sore throat or runny nose/congestion? (would require testing if hospital employee, regardless of vaccination status)

Unvaccinated individuals and any close contacts presenting these symptoms should follow testing and quarantine response protocols

Vaccinated individuals who are not close contacts should follow the testing and quarantine response protocols if they are experiencing **symptoms in bold**. These individuals may also seek clinical guidance to assess the need for PCR testing if they have other symptoms on this list.

# PSB symptomatic testing recommendations (subject to change)

**Anyone with the following symptoms, vaccinated or not, should be tested to rule out COVID-19**  
**(Note: school nurse/primary care doctor discretion will factor into decision-making in individual cases):**

- Fever (100.0° Fahrenheit or higher), chills, or shaking chills
- Difficulty breathing or shortness of breath
- New loss of taste or smell
- Muscle aches or body aches
- Cough (not due to other known cause, such as chronic cough)
- Sore throat, *? when in combination with other symptoms (TBD)*
- Nausea, vomiting, or diarrhea
- Headache *when in combination with other symptoms*
- Fatigue, *when in combination with other symptoms*
- Nasal congestion or runny nose (not due to other known causes, such as allergies), *? when in combination with other symptoms (TBD)*

If symptoms develop at home, must test before returning to school (PCR recommended)

If symptoms develop at school.....